




MEDIA KIT

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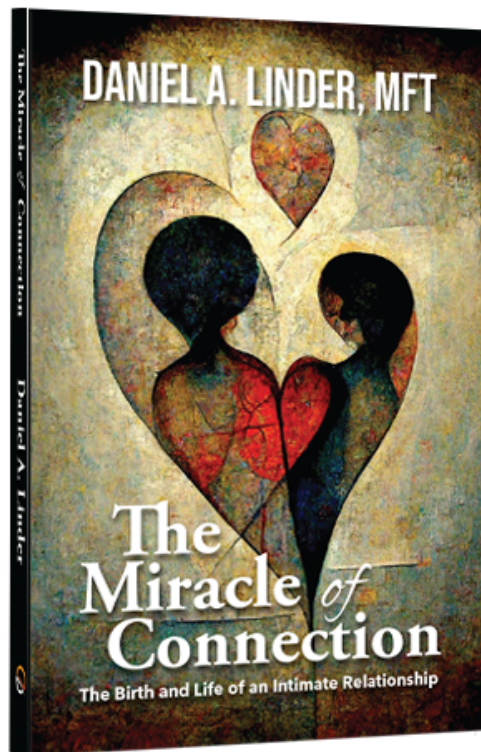


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ABOUT DANIEL LINDER, MFT



Daniel A. Linder is a licensed Marriage & Family Therapist, Relationship Trainer and an addiction, recovery and intervention specialist, currently practicing in the San Diego area of California and has been for the past four decades, working with individuals, couples, families since 1981, (both live and in-person as well as on Zoom).

He's a self and relationship-based therapist, whose eclectic and integrative approach incorporates mindfulness-based principles and practices; cognitive behavioral and systems therapy; existential, positive and self-psychology and communication skills building, into his work.

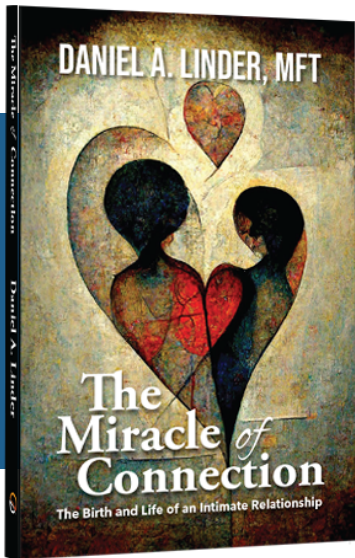
"I work with individuals in the context of their primary relationships; how they conduct themselves in those relationships are the key to their recovery, healing and quality of life."

"All of the work I do is about bringing you back to your Self."

He is the creator of The Relationship Model of Addiction (TRMA), A New Paradigm for Understanding Addiction and Recovery and the author of the four-book set TRMA, Stage I – Breaking -up Mindfully; Stage II – Developing the Relationship with Self and Stage III- Creating Healthy Nourishing Relationships.

He has several books to his credit, Dating, A Guide to Creating Intimate Relationships; Demystifying Addiction, To Relieve the Pain; Beyond Sobriety, Empowering the Transformation of Relationships Intimacy, The Essence of True Love and TRMA four book set, as well as numerous related articles (available at RelationshipVision.com).

Daniel is the Author of the upcoming book, The Miracle of Connection, The Birth and Life of an Intimate Relationship, launch date is beginning 2023.



OVERVIEW

Title: *The Miracle of Connection*

Subtitle: The Birth and Life of an Intimate Relationship

Author: Daniel Linder, MFT

Publication Date: October 18, 2023

Print ISBN: 978-1-955533-20-1

SYNOPSIS

The Miracle of Connection cracks the code to creating deep and intimate connections. It is about becoming empowered to transform the quality of your relationships by developing a relationship with your Self. Relationships don't just happen, they are co-created. In this book, you will learn the basic principles and essential skills needed to create ever-growing and deepening relationships.

As human beings, one of our basic needs is love, connection, and understanding.

When we don't receive these, we experience pain. When we get our need for connection met, we can have more fulfilling relationships.

In this book you will learn:

- Seven basic principles for relating, connecting, intimacy, and conversation
- For singles only: navigating your pursuit of relationships
- Three types of conversations essential to sustain an intimate relationship®
- The optimal energetic balance of the intimacy sweet spot
- Mindful practices to guide you in becoming more connectable and creative
- How honest and true conversations resolve the wedge of disconnection

Through the stories, practical applications, and mindful practices in this book, you will learn how to connect with your Self and be guided step-by-step on how you can create the miracle of connection for yourself.

TEESHEET
ONE

Where to Buy:
amazon **BARNES & NOBLE**

TESTIMONIALS



Dr. Neil Kobrin, Ph.D

Mill Valley, CA

"Linder convinces us to believe that applying these basic principles could empower the recovering addict to transform the quality of his or her relationships. We may draw inspiration from his 'dare to apply' these basic principles for ourselves and see whether they work and whether they're true. These are principles that would behoove all of us to at least consider.

For the treatment practitioner, Relational Recovery is essential psycho-education material. Linder packs a huge amount of 'back to basics' information into a little space."



Susan Hanshaw, O.M.C. SR, CA

Author of Unleashing Your Soul

Your dynamic energy did change my life. Somehow your unbridled way of communicating directly to the point, on the surface and into the depths of emotion triggered positive behavioral changes. I benefitted. I am so grateful. You create so much healing and are a fantastic therapist.



Susan Page,

Author of If I'm So Wonderful, Why Am I Still Single?

"No single person should be without Linder's fascinating insights about what really goes on between people when they 'date.' Relational is not only easy to read, it is compelling and original. Linder discusses all the things we need to know but were never taught. His examples are so real and familiar; he speaks to the very core of the issues single men and women deal with today. If you are looking for true intimacy, don't pass up this book!"



Bethany Miller, Psy.D.

Clinical Psychologist in private practice

Linder's Book, Intimacy the Essence of True Love, offers a hopeful stance and practical advice for individuals looking to create healthy relationships. He teaches that it is possible for anyone to learn the necessary skills needed to maintain satisfying and meaningful relationships.

SPEAKING TOPICS

- Making Deep Connections and Creating Intimacy in Your Primary Relationships
- The Three Relationships in One
- The 51-49% Factor - The Optimal Energetic Balance in an Intimate Relationship
- Connection Trumps Pain
- Everyone is a “*Mixed Bag*”
- The Mystique of Beauty
- Four Cornerstones of an Intimate Relationship
- The 4 Ways 2 Love
- The Mindful Process of Self-assessment
- Eight Types of Attraction and Intimacy
- What are the Four Essential Communication Skills
- Shifting ‘Relating Paradigms’: A Process of Re-prioritization
- The Four Conversations that Need to be Had
- The “Talking Stick”
- AI - A Looming Addiction Crisis on a Mass Scale



INTERVIEW TALKING POINTS

- Who is the (book) for? Who am I speaking to?
- What inspired you to write (book)?
- What makes the relationship with Self the “Mother of All Relationships”?
- Why do you capitalize (S)elf?
- What are some of the things you want people to know?
- How do you distinguish between healthy and unhealthy relationships?
- How does connection trump pain?
- Relationships are both the cause and the cure.
- Everyone is a mixed bag, including me and you.
- “Real bodily excitement mixed with fantasy holds for many a fascination mixed with horror.”
- The Eight Types of Attraction and intimacy
- What makes dating an ideal training ground for the rigors of an intimate relationship?
What is a date? What are the four basic dating scenarios?
- What are the four cornerstones?
- What are the “4 ways 2 love”?
- Turning your Dial
- Connected or disconnected? Is the question.
- How does one assess their experience?
- What are the “four essential communications skills that must be practiced and honed?”
- What is the “clean slate state of mind”?
- Shifting ‘relating paradigms’ (from ‘other-centered- to self-centered: A process of Reprioritization
- Three conversations that need to be had
- What is the “sacred bond”?
- What is the mystique of beauty?
- What is the “Talking Stick”? How can it be used in your work?
- What makes giving and receiving feedback such a stumbling block in so many relationships?
- What is the “connectivity quotient”?
- What are the keys to sustaining an ever-growing and deepening relationship?
- What are the three relationships in one relationship and how do you use this principle in your work?
- What is The 51-49% Factor - The Optimal Energetic Balance in an Intimate Relationship?



EDUCATION & CERTIFICATIONS

- MA in Counseling at the California Institute of Integral Studies 1981
- Three years of live supervision training at the California Graduate School of Marital and Family Therapy (1984 - 1986)
- Licensed Marriage Family Therapist in 1982

MEMBERSHIPS & AWARDS HONORS

- CAMFT

LIST OF MEDIA APPEARANCES

- Interviews: Julie Hatch, Samantha Heyward
- Guest Speaker at different graduate classes (The Wright Institute)

SCOPE OF SERVICES

INDIVIDUAL THERAPY

When you have a relationship with your Self, you're better able to identify your thoughts, feelings, wants – whatever is going on inside of you, which make it possible to be understood, heard, seen, felt, get to know each other and connect more deeply and intimately.

[Learn more here!](#)

RELATIONSHIP TRAINING COUPLES THERAPY

Most of the relationships I work with come in mired in discord and disconnection. As the result of longstanding unexpressed feelings and unresolved issues, there is a wedge of tension and distance that is quite palpable to me. Clearly, they are not accustomed to talking about how they're feeling or their issues probably because they don't feel safe enough to be honest and real with each other.

[Learn more here!](#)

FAMILY THERAPY

Family therapy is about healing broken, frozen and disconnected relationships within a family, i.e. parents and children, siblings with each other. Over time, the backlog of unexpressed feelings and unresolved issues becomes an impenetrable wedge of disconnection.

[Learn more here!](#)

INTERVENTION SERVICES

Intervention is an intensive, tightly structured process, that can take several hours to complete, over the course of days, that shines light on the denial and avoidance and breaks the silence.

[Learn more here!](#)

DANIEL LINDER, LMFT

Author | Marriage & Family Therapist | Relationship Trainer



FOR IMMEDIATE RELEASE

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Discover the Proven Path to Authentic Relationships and Crack The Code To Unleashing the Miracle Of Connection

California, Fallbrook, September 26, 2023 - Renowned relationship therapist and trainer, Daniel A. Linder, is delighted to announce the release of his transformative book, *The Miracle of Connection: The Birth and Life of an Intimate Relationship*. With over 40 years of experience in the field, Linder has poured his wealth of knowledge and expertise into this comprehensive guide, offering readers the key to forging deep, meaningful connections and nurturing thriving relationships.

Daniel Linder is a trailblazer in the realm of elevating consciousness and empowering personal transformation. Through his work as a relationship therapist and addiction specialist, he has guided countless individuals, couples, and families on their journey to break free from unhealthy relationship patterns and embrace healthy, nourishing connections. Now, in *The Miracle of Connection*, Linder focuses on the vital importance of developing a strong relationship with oneself as the foundation for building fulfilling relationships with others.

The Miracle of Connection cracks the code to making authentic connection a reality. It reveals the secrets to cultivating healthy, nourishing, and intimate relationships, enabling readers to unlock their inner power and experience the full spectrum of connection. Packed with valuable insights and actionable advice, *The Miracle of Connection* is an indispensable guide for anyone seeking to create and sustain meaningful relationships in their lives.

The Miracle of Connection: The Birth and Life of an Intimate Relationship is now available for purchase at leading book retailers, including Amazon and Barnes & Noble. For more information about Daniel A. Linder and his work, please visit RelationshipVision.com.


About The Author

About Daniel A. Linder LMFT: Daniel A. Linder LMFT is a distinguished relationship therapist, trainer, and author with over 40 years of experience. His passion lies in empowering individuals to elevate their consciousness, boost connectivity, and ignite personal transformation. With his deep expertise in addiction recovery, communication, and connection, Linder has positively impacted the lives of countless individuals and couples.


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